

Type of Service	Requirements	Description	Location/Contact Information
Loss of Work Wages Due to COVID-19 Exposure			
Disability Insurance	You're unable to work due to medical quarantine or illness related to COVID-19 (certified by a medical professional). Must have had a full or partial loss of wages.	You can receive approximately 60-70 percent of wages (depending on income); range from \$50-\$1,300 a week for up to 52 weeks.	Find out if you are eligible: https://www.edd.ca.gov/disability/ami_eligible_for_di_benefits.htm How to file: https://edd.ca.gov/Disability/How_to_File_a_DI_Claim_in_SDI_Online.htm Video: Eng- https://youtu.be/j7Wn4gBSZxc
Paid Family Leave	You may be eligible if you're unable to work because you are caring for an ill or quarantined family member with COVID-19 (certified by a medical professional). Must have a full or partial loss of wages.	You can receive approximately 60-70 percent of wages (depending on income); range from \$50-\$1,300 a week for up to 6 weeks.	Find out if you are eligible: https://www.edd.ca.gov/disability/AmI_Eligible_for_PFL_Benefits.htm How to file a claim: https://edd.ca.gov/Disability/How_to_File_a_PFL_Claim_in_SDI_Online.htm
Paid Sick Leave	You may be eligible if you or a family member are sick or if you are exposed and therefore have to stay in quarantine.	You are entitled to the sick time you have accumulated or your employer has provided to you under the Paid Sick Leave law. If you have been denied wages or benefits, you may file a claim. Sick leave is paid at a regular rate of pay or on an average based on the past 90 days.	General information: https://www.dir.ca.gov/dlse/paid_sick_leave.htm How to file: https://www.dir.ca.gov/dlse/HowToFileWageClaim.htm

Workers' Compensation	If you are unable to do your usual job because you were exposed to and contracted COVID-19 during the regular course of your work, you may be eligible for workers' compensation benefits.	Benefits include temporary disability (TD) payments, which begin when your doctor says you can't do your usual work for more than three days or if you are hospitalized overnight. You may be entitled to TD for up to 104 weeks which pays two-thirds of the wages you lose while recovering. Employees are entitled to medical treatment or additional payments if they suffer from a permanent disability because of the illness.	Find out if you are eligible: https://www.dir.ca.gov/InjuredWorkerGuidebook/InjuredWorkerGuidebook.html How to file: https://www.dir.ca.gov/dwc/FileAClaim.htm
Lost or Low Wage Workers			
Unemployment Insurance	If you have lost your job or have had your hours reduced for reasons related to COVID-19 due to no fault of their own.	Range from \$40-\$450 per week for up to 26 weeks.	Find out if you are eligible: https://www.edd.ca.gov/unemployment/eligibility.htm How to file: https://edd.ca.gov/Unemployment/Filing_a_Claim.htm
United Way of San Diego: San Diego COVID-19 Community Response Fund	Low-wage workers who have experienced a job loss or a reduction in pay since March 1, 2020, as a result of COVID-19, and seek assistance with paying their utility bill or rent/mortgage.	Support for utilities and rent/mortgage payments. Meant for low-wage workers who need support for a limited but undetermined length of time.	Application link: https://www.surveymonkey.com/r/W
One Fair Wage	Tipped or service workers affected by COVID-19. This includes but is not limited to restaurant, delivery, and personal service workers.	Financial assistance for workers affected by COVID 19	https://ofwemergencyfund.org/help

	Includes undocumented workers.		
Onward CA one-stop resource for people who have lost their job due to COVID -19	Lost job due to the COVID-19 pandemic.	Dynamic matching system that connects individuals to resources that match their needs.	Application: https://onwardca.org/
Resources and financial assistance for restaurant or hospitality workers	Restaurant workers and hospitality workers.	Site that offers a list of resources for restaurant/hospitality workers who have lost wages. Resources vary from financial assistance to rent assistance.	https://rocunited.org/stop-the-spread/coronavirus-support/
Children's Fund for families	For families who are essential workers but are still struggling to support the family.	Micro grant of \$575 for families of essential workers. Micro grant of \$100 for parent support, to purchase items such as food and diapers.	Application: https://www.surveymonkey.com/r/SDChildrensFund
Children's Fund for providers	For childcare providers who remain open and need assistance with supplies, and other items.	Micro grant for licensed child care providers and centers: \$575 Micro grant for licensed childcare providers and centers to cover supplies: \$100 Micro grant to cover food and nutrition: \$100	Application: https://www.surveymonkey.com/r/SDChildrensFund
Armed Forces and Their Families			
Fleet and Family Support Center	For Navy families and some other branches of service.	Services such as financial assistance.	866-923-6478 www.facebook.com/FFSCSD www.navylifew.com/sandiego/families/ffsc

Immigrants and Refugees			
SD Immigrant Rights Consortium Monetary Support	Immigrants and undocumented individuals with loss of income due to the pandemic.	Monetary support specifically for immigrants who are ineligible for other state or federal benefits	https://www.immigrantsandiego.org/sdirc_immigrant_relief_fund?utm_campaign=sdirc_immigrantfundpr_032720&utm_medium=email&utm_source=alliancesd
Legal Aid at Work Financial Support	Undocumented individuals	Funds that provide financial assistance to undocumented workers.	https://legalaidatwork.org/blog/relief-funds/
Employee Rights/ Tips			
Employee Rights Center	Workers in San Diego area	Dedicated to advancing the rights of all San Diego area workers, especially disadvantaged workers with no representation, provides education and advocacy services.	https://weberc.net/
Legal Aid at Work	Undocumented workers	Description of rights as an undocumented and documented worker. Program that can offer assistance when there is a violation of these rights. Free legal help.	https://legalaidatwork.org/factsheet/undocumented-workers-employment-rights/
Resources for domestic workers	Domestic workers such as home caretakers, nannies, and house cleaners.	Learning hub that outlines rights as domestic workers, whether you are undocumented or documented.	https://membership.domesticworkers.org/coronavirus/
Search Engines			
General search engine		General information and search engine resources related to Covid-19	https://www.edd.ca.gov/about_edd/coronavirus-2019.htm

For questions please contact:

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